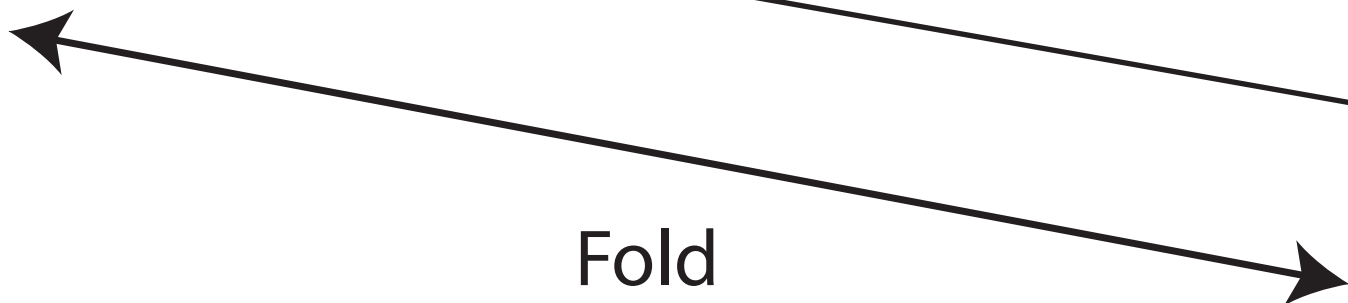




$\frac{1}{3}$

2/3



Fold

Sleeve

Cut 2 for sleeves



Instructions

Supplies

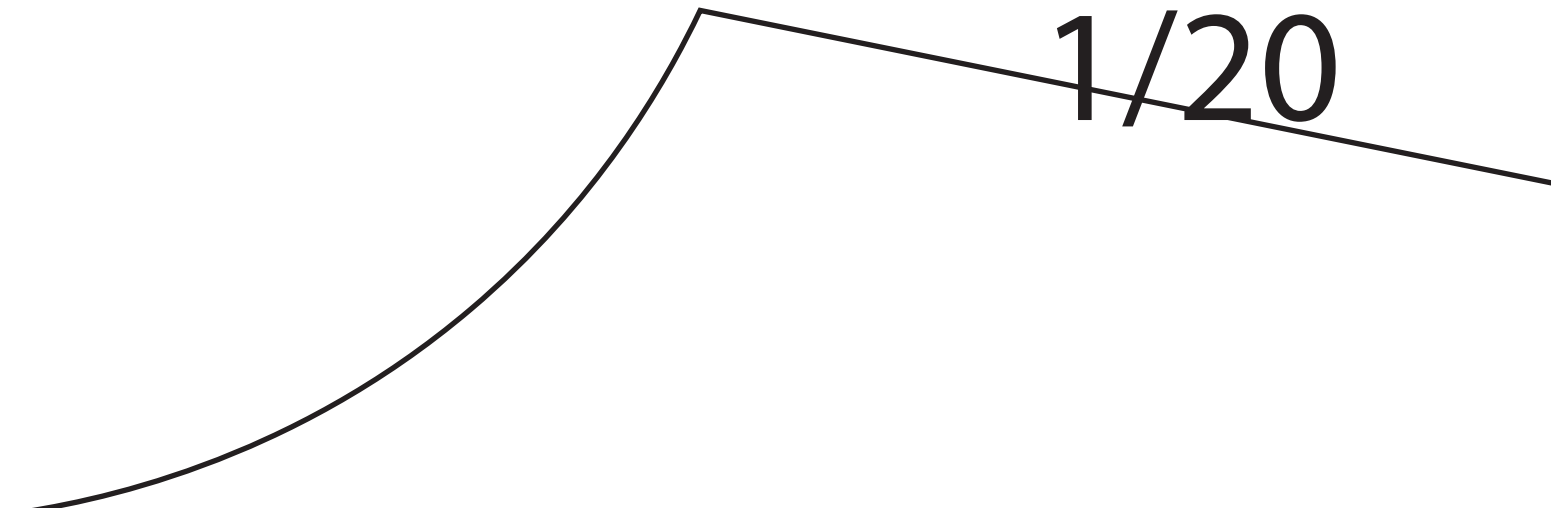
Vapor barrier fabric (Using Tyvek housing wrap)
1/2" wide elastic (13 inches per gown)
Serge machine
Zigzag machine
Thread for reach machine

1. Cut 1 front and 2 sleeves on fold
 - Mark the halfway point of each sleeve with an "x"
 - Mark the quarter points with a "dash" -- use a Sharpie and make the markings about 1 1/2 " from the sleeve ends

The printed side of this vapor barrier fabric will be on the outside--considered the "right" side

2. Cut 1 left and right back (2 pieces total)
 - Use a Sharpie to mark where ties belong
3. For each gown cut a 1"x36" strip of fabric. Fold lengthwise and serge the strip lengthwise. Cut the 36" strip into four pieces 9" in length.
4. Serge back to front at shoulders
Serge from neck toward shoulder
5. Serge sleeves to body of garment
6. Begin at sleeve end and serge sleeve continuously through armpit connecting front to back
Allow serger to pull this slippery fabric at the armpit--don't force it
 - Do the same for the other side
7. On outside of fabric, use medium zigzag stitch to stitch the ties to garment at the tie markings (5-6 stitches back and forth twice). The ties should be perpendicular to the back edge with only 3/4"-1" of tie on the garment where it is stitched. (the rest of the tie will be off the garment)
8. Cut 1/2" elastic into 6 1/2" lengths. Sew/serge ends together to form a circle. Mark half and quarter points with Sharpie
9. Pin elastic to sleeve at sleeve markings 1 1/2" from sleeve end. Pin elastic seam with sleeve seam, pin halfway and quarter points matching sleeve markings. Use the medium zigzag stitch to sew sleeve to elastic by stretching elastic to fit sleeve.

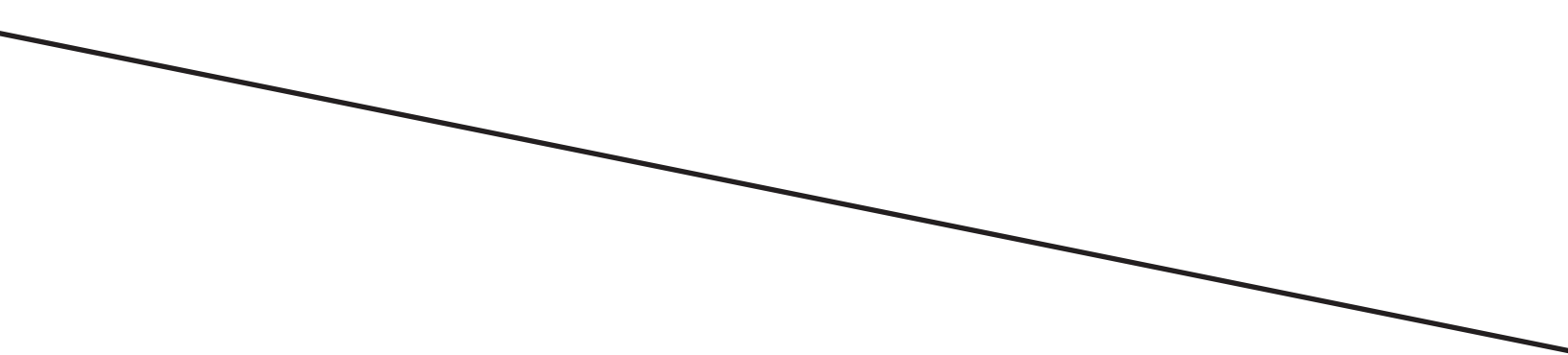
***Note:** can use 3/4" elastic and just adjust the fold in the cuff



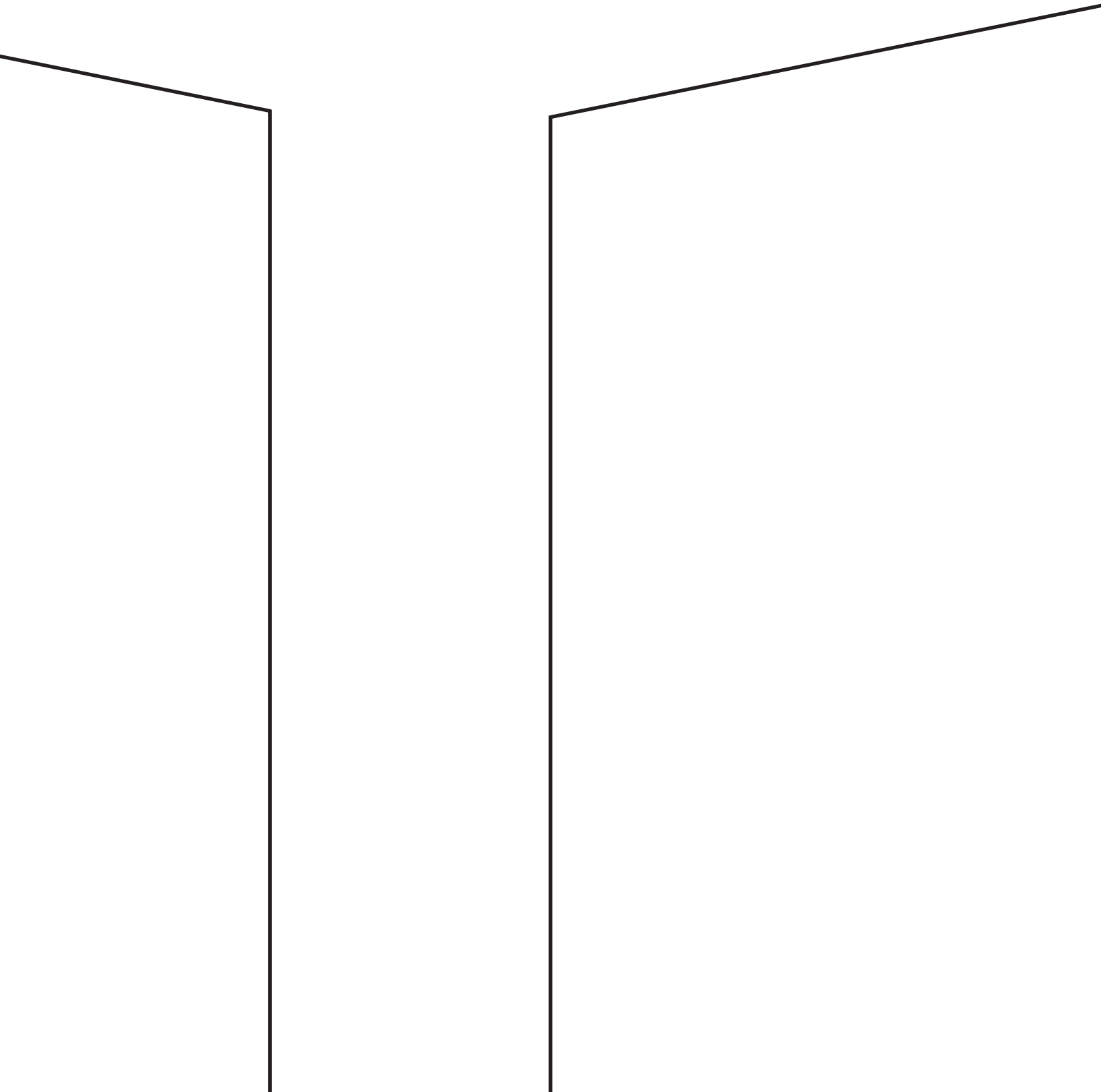
1/20

Front

2/20



3/20



4/20



Right and

Cut 2 on Selvedge

5/20

Left Back

6/20



Fold

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